

Norfolk Badminton Association

Coaching sessions available to any Norfolk club player have been organised by Norfolk Badminton Association with ex World Number 1 Julie Bradbury on the 10th and 11th of October 2015 at Framingham Earl Leisure Centre. Each session will be 2 hours long, the number of players in each session will be limited and places will be on a first come first served basis, the cost per player is £5.00 and is payable when you book. To find out further details please contact Louise Culyer – louise.culyer@btinternet.com

Details of Sessions on Saturday 10th October

10.00am – 12.00pm Division 2 Players

12.00pm – 2.00pm Division 4 Players

2.00pm – 4.00pm Social Players

Details of Sessions on Sunday 11th October

10.00am – 12.00pm Division 1 Players

12.00pm – 2.00pm Division 3 Players

2.00pm – 4.00pm Division 5 Players



Julie's masterclasses are tailored to the skill and experience of those attending. This can be aspirational or part of an ongoing training program for the more advanced player which can cover:

Tactics

Technique

Footwork

Strength & Conditioning

Mental Approach

Mentoring

Julie's Experience

OLYMPICS

Double Olympian

1992 Barcelona: Women's Doubles Q/F

1996 Atlanta

COMMONWEALTH GAMES

Gold medal - Team

Silver Medal - Women's Doubles

Silver Medal – Mixed Doubles

WORLD RANKING (Highest)

Ranked No 1 in Mixed Doubles

Ranked No 4 in Women's Doubles

INTERNATIONAL TOURNAMENTS

All England Championships – Silver Medal

Mixed Doubles

Malaysian Open – Gold Medal Women's

Doubles

World Cup - Silver Medallist

NATIONAL TOURNAMENTS

5 times National Champion and in all three disciplines. Only the 2nd player in badminton history to achieve this

Member of 2014 Birmingham 'Lions' professional badminton team in the Sky TV National Badminton League

ENGLAND REPRESENTATIVE MATCHES

50 caps for England

MASTERS

World Champion 2013 – Mixed Doubles

European Champion 2014 – Women's Doubles & Mixed Doubles

National Champion 2014 – Women's Doubles & Mixed Doubles



East Anglia's Largest Racket Sports Specialist

Topspin Tennis and Yonex will be present at the centre during the weekend with demo rackets available to try.

Free Prize Draw For All Players That Attend